

SUPPLEMENT FACTS

Serving Size: 2 Capsules

Servings per container: 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vit. A (complexed in carrot concentrate)	500 IU 10%	Proprietary Essential Fatty Acid Blend	565 mg *
Vit. E (complexed in vegetable oil)	2.5 IU 10%	ROPUFA® (DSM powdered fish oil), Borage Oil Powder (62% oil)	
Riboflavin (complexed in yeast concentrate)	2 mg 118%	Total Omega 3 Fatty Acids	65 mg *
Vit. B6 (complexed in yeast concentrate)	2 mg 100%	Eicosapentaenoic Acid	24 mg *
Folate (complexed in alfalfa concentrate)	200 mcg 50%	Docosahexaenoic Acid	16 mg *
Vit. B12 (complexed in yeast concentrate)	5 mcg 83%	Linolenic Acid	25 mg *
Iron (complexed in baker's yeast)	3 mcg 17%	Total Omega 6 Fatty Acids (Linoleic Acid)	41 mg *
Magnesium (complexed in baker's yeast)	10 mg 3%	Total Omega 9 Fatty Acids (Oleic Acid)	20 mg *
Zinc (complexed in baker's yeast)	3 mg 20%		
Chromium GTF (complexed in baker's yeast)	25 mcg 21%		
Proprietary Herbal Blend	600 mg *		

Red Clover Extract (*Trifolium praetense*), Black Cohosh Extract (*Cimicifuga*), Alfalfa Powder (*medicago sativa*), Rosemary Extract (*Rosmarinus officinalis*)

* Daily Value not established

Other ingredients: gelatin, magnesium stearate. ROPUFA® is a registered trademark of DSM Nutritional Products Canada, Inc.